

Saturday, May 30th Workshop Schedule

rates before May 1st /rates after May 1st

10:00AM – 11:30AM Casey Bond

Basic Doumbek Rhythms \$30/\$40

A workshop for absolute beginning drummers and dancers, too! Learn basic drum tones and fundamental Middle Eastern rhythms- the fun, funky “no frills percussion” way! You will “raq steady” using doums, teks and the occasional ka (for the truly adventurous!) Learn to recognize and play Middle Eastern rhythms that form the “heartbeat” of the most popular belly dance songs. Participants will learn an original rhythm arrangement that they can perform at the Festival (Schedule TBA-during open floor.) Please bring a doumbek, frame drum or zills...and your sense of humor!

11:00AM – 2:00PM Morocco

Modern Egyptian Oriental \$60/\$70

Join living legend Morocco as she teaches a Great, upbeat modern Egyptian Oriental routine to Sherine’s “Boss Ba’ah”. Choreography notes will be provided.

11:00AM – 1:00PM Kaeshi Chai Hip Pop NYC Technique and Combos \$40/\$50

The sound of world music is changing. Update your dance style with some funky new combinations inspired by the New York popping and Hip-Hop scene, plus learn new ways to isolate your body. Kaeshi teaches combos taken from the very popular choreography “Hip Pop NYC” performed to “Authentic Style” by Harem.

12:00PM – 1:30PM Carmine T. Guida

Baby Beginner Doumbek \$30/\$40

In this workshop, you will learn the proper hand/finger techniques to produce clean beautiful sounds from your doumbek. You will learn how to play several traditional Middle Eastern rhythms as well as how to switch between them. This workshop is perfect for beginners or experienced drummers who want to brush up or clean up their technique. This workshop is also fantastic for dancers who want to educate themselves about the basic rhythms.

2:00PM – 3:30PM Carmine T. Guida

Beginner/intermediate Doumbek \$30/\$40

You know a bunch of rhythms...now what? Let’s get “Beyond Baladi”. You will learn practical rhythm combinations useful for playing songs and making your drum circle more fun. You will also learn how to add fills and embellishments to make your playing more interesting. This workshop is perfect for anyone who already knows the basic hits and rhythms.

2:00PM – 4:00PM Sera Solstice

Bellydance Olympic Training \$40/\$50

If Bellydance were an Olympic Sport, what would a typical day of training be like. Sera will guide you through her daily practice: a high-energy work-out of technique drills, East Coast Tribal combinations, Strength and flexibility exercises, and meditation.

2:30PM – 4:30PM Tarik Sultan

Beladi Building Blocks \$40/\$50

Tarik Sultan will be teaching the concepts of the Beladi style of dance. Including musical interpretation, use of arms and hands and the emotional expression that typify Egyptian dance.

Sunday, May 31st Workshop Schedule

10:00AM – 1:00PM Kaeshi Chai

Brooklyn Baladi \$60/\$70

Kaeshi will teach a powerful Tribal Fusion choreography to New York based Middle Eastern band, Djinn’s, “Brooklyn Baladi”. This choreography covers many popular Tribal movements including, Egyptian Basic, Torso Rotation, Taksim, Arabic, Choo Choo Arc, Triplet shoulder pushes, Sidewinder, Satellite, 90 degree backbend, Turkish drop and more. She will also explain how Tribal style differs from Cabaret style comparing posture, use of muscles, choice of music, intention and movement vocabulary.

10:00AM – 1:00PM Tarik Sultan

Shabbi \$60/\$70

Tarik Sultan will teach choreography to a popular shabbi song. He will be explaining the cultural context of shabbi music, as well as the concept of beladi style. Choreography notes will be provided.

10:00AM–1:00PM Sera Solstice East Coast Tribal: Power in Expansive Movement \$60/\$70

Move from your core. Connect to the dramatic imagery that you create through dance. Learn expansive movements that can be used to contrast with isolations to create dynamic dance. In this workshop you will learn a few combos from Sera’s choreographies grounded in Tribal Fusion with a taste of Kung Fu, and Modern Dance.

10:00AM – 11:30PM Casey Bond Play 7 Favorite Belly Dance Songs! \$30/\$40

Using the basic “no frills percussion” versions of fundamental Middle Eastern rhythms (maqsum, ayub, malfuf, bolero, saidi, chifteteli, etc.) you’ll learn to play along with these songs, with all the “breaks” and rhythm changes. Dancers- this is a proven way to gain confidence and lose those “live music” performance fears! We’ll play along with these classic belly dance songs: “Miserlou”, “Layla”, “Fire Dance”, “Zeina”, “Uskudara”, “Hadouni, Hadouni” and “Mevlana”. Please bring a doumbek, frame drum, zills, riqq or any small hand drum.

12:00PM – 1:30PM Carmine T. Guida How to Play a Drum Solo for a Dancer \$30/\$40

The drum solo is the climax of any belly dancer show. This is a great time for the dancer and drummer to improvise and communicate. In this workshop, you will learn how to build your own solos and improvising techniques. You will also learn what the dancer is expecting from you and how to play something interesting and exciting for them. This workshop is perfect for drummers who know the basics. This workshop is also great for dancers to learn about the drum solo from the drummer’s perspective.

2:00PM – 3:30PM Carmine T. Guida Middle Eastern Rhythms for All Percussion \$30/\$40

If it makes noise...Bring It! Add some Middle Eastern rhythms to your repertoire with this great workshop! Great to play for dancers and at the drum circle too. All djembes, doumbeks, shakers and tambourines are welcome. You will learn several different rhythms in different time signatures. Perfect for hobbyists and serious players too.

2:00PM – 5:00PM Morocco Raks al Assaya/ Egyptian Women’s Cane Dance \$60/\$70

A variety of steps in a short, usable routine that parallels the amazing Cane Dance that Morocco herself does. Choreography notes will be provided.

4:00PM – 5:30PM April Centrone Revealing the Secrets of Traditional Arabic Riq \$30/\$40

Centrone will lead students through the basics of posture, grip and strokes associated with playing the riq. For more intermediate players, Centrone will reveal little-known tricks, secrets of the legend Michel Merhej Bakloulou. Centrone will uncover the keys to a true traditional sound, a rare look into the Arabic school of riq.